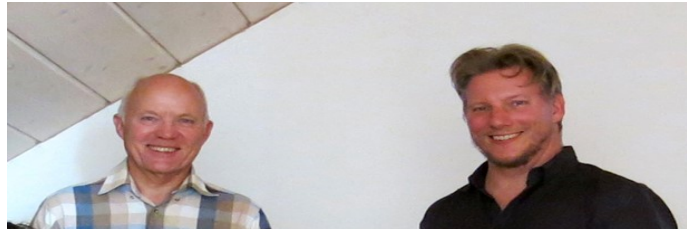




Aikido Seminar Inverness, Scotland

with
Michael Holm, 6th Dan
Angus Lyall, 5th Dan



Dates and Provisional Times

Friday	2nd September 2022 19.00 to 21.30	General Class
Saturday	3rd September 10.00 to 12.00	General Class
	<i>Lunch break</i> 13.00 to 15.00	General Class
	<i>Break</i> 15.30 to 17.00	General Class
Sunday	4th September 10.00 to 12.00	General Class
	<i>Lunch break</i> 13.00 to 15.00	General Class
	<i>Break</i> 15.30 to 17.00	General Class

The course will be held in the Dojo in AIness.

Costs to be advised later
You can stay overnight at no charge in the dojo which has toilets,
showers, male and female changing rooms and a kitchen.

For further information please contact
Angus Lyall : gus.lyall@gmail.com

www.highlandkिसociety.co.uk