



AIKIDO

SEMINAR WITH DOSHU IN DENMARK

20.-22. september 2019



Welcome

We are happy to invite you to Aikido seminar with Yoshigasaki Sensei.

The seminar will take place just outside Copenhagen in Gladsaxe.

There are train & bus connections from Copenhagen to Gladsaxe and the motorway passes nearby.

Registration before August 12th to michael@toitsu.dk.

Contact:

michael@toitsu.dk / +45 21251471

www.toitsu.dk

www.facebook.com/aikido.gladsaxe

Saturday evening there will be a nice dinner party :)

Friday 20/9:

18.00-18.45 Arrival and registration at dojo

19.00-21.00 Aikido all

Saturday 21/9:

09.30-10.30 Instructors

10.30-12.00 Aikido all

Lunch break

14.30-16.00 Aikido all

Break with free fruit & water

16.15-17.30 Aikido all

Small break

17.45-18.30 Examination

Sunday 22/9:

10.00-11.00 Instructors

11.00-12.30 Aikido all

Break with free fruit & water

13.30-15.00 Aikido all

70 € / 500 kr., whole seminar

85 € / 600 kr., whole seminar incl. instructor classes

20 € / 150 kr., single class

Sleeping in dojo, 15 € / 120 kr. for whole weekend

Venue: Gladsaxe Sports Hal / Sports Centre, Hall 1, Vandtårnsvej 55, 2860 Søborg